The Learn to Earn Program

Dr Yin's Program for Developing Leadership in Humans and Impulse Control in Dogs

From excessive barking, to jumping to aggression and separation anxiety, one of the common issues is that these dogs tend to lack impulse control and their humans need to find better ways to provide guidance and leadership. Fortunately humans can develop the needed communication skills while training dogs to have self-control and emotional control in Dr Yin's fun, reward-based version of the Learn to Earn Program.

Become a Leader Your Dog Can Trust

Once owners set guidelines and communicate the rules by consistently rewarding desired behaviors while removing rewards for unwanted behaviors until the desired behaviors are a habit, then the owners are seen by the dog as the leader whom they can trust to guide them. Alternatively, when rules change randomly or the messages are garbled the dog may view the owner the same way you might view an indecisive boss who mumbles.

Throw Away the Food Bowl

For the fastest training, dogs should earn their meal throughout the day when you are home. That means no food in the food bowl. Instead you'll carry food around with you in a bait bag, your pockets, or have it available in easily accessible containers throughout the house. Then, throughout the day, when you are home, you'll reward appropriate behavior. Now your dog will get 100 rewards for desired behavior instead of a free meal.

Require the Dog to Say Please By Sitting

In this program we turn the house rules onto their head. Whereas taking things without asking worked before, the only thing that works to get the dog what she wants now is to automatically say please by sitting.

VS

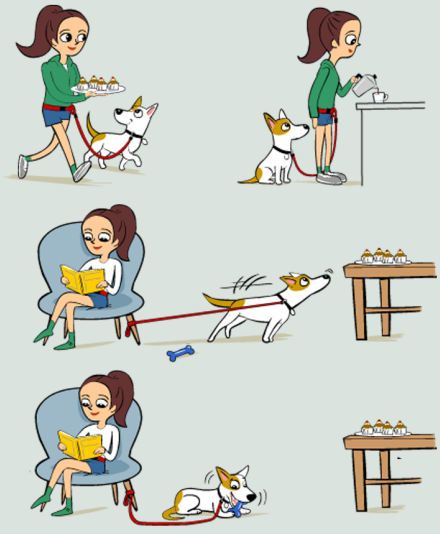
FREE! 100 x REWARDS!

Use All Motivators to Your Advantage

If on top of that you require her to sit for other resources such as petting, attention, and play, when she wants these things, you'll increase your toolbox of rewards even more. Add to this, removal of all rewards for undesired behavior and now you have a formula for changing the dog's behavior patterns virtually overnight (meaning days to weeks instead of weeks to years).

Keep Your Dog Attached to You

Tethering to you teaches your dog that when she doesn't want to pay attention to you, she can't just blow you off and walk away and then get rewarded by something else, such as food that she grabs off a table. That is, tethering her to you helps prevent rewards for undesirable behavior. Plus, if your dog's near it's easier to reward good behaviors as they occur. Otherwise you tend to forget and miss opportunities, which makes the training take weeks or months longer.



Walk with a Loose Leash

When your dog's attached to you on leash, she should sit and remain seated when you are stationary and then walk by your side on a loose leash (not ahead of you) when you move from place to place.

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